

Student Wellness Resources

FOR EMERGENCIES CALL 911

Campus Security: 513.562.6279

Crisis and Non-Emergency Lines

[National Suicide Prevention Line](#)

Call or text **9-8-8**

Provides 24/7 confidential support to people in crisis

[Crisis Text Line](#)

Text HOME to **741741** (24/7)

[Veterans Crisis Line](#)

Call **9-8-8** then press "1"

Text **838255** or [online chat](#) (24/7)

[The Trevor Lifeline \(LGBTQ+\)](#)

866.488.7386 (24/7)

Text START to **678-678** (24/7)

[Trans Lifeline](#)

877-565-8860 Mon.- Fri. 1pm-9pm (EST) Trans/
nonbinary peer operator

[National Sexual Assault Hotline](#)

800.656.4673 or [online chat](#) (24/7)

[Women Helping Women](#)

Call or Text **513.381.5610** (24/7). Dating violence,
sexual assault, stalking.

[NAMI Warm Line Directory \(non-emergency\)](#)

1-800-950-NAMI (6264) Mon.- Fri. 10am-10pm
National Alliance on Mental Illness. Provides peer
support services.

Psychiatric Emergency Services

[UC Psychiatric Emergency Services \(PES\)](#)

513.584.8577 (24/7) Psychiatric emergency room. Provides
services for patients in crisis.

[Mobile Crisis Team \(MCT\)](#)

513.584.5098 A mobile clinical team trained to respond to
mental health emergencies in the community.

Hours:

Monday-Friday: 8:30am - 12:00am

Saturday & Sunday: 12:00pm - 8:30pm

Mental Health Resources

[The JED Foundation](#)

Free self-care and mental health resources for college
students

[Psychology Today](#)

National guide to therapists, teletherapy, psychiatrists,
treatment centers, and support groups

[Active Minds](#)

Free youth mental health advocacy & outreach resources

[BIPOC Mental Health Resource](#)

Therapy directory and resources for Black, Indigenous, and
People of Color

[National QTBIPOC Network](#)

Online resource that helps QTBIPOC connect to mental
health practitioners

[Open Path Collective](#)

Therapy in all 50 states, in-office or online
\$29 for student lifetime membership; \$30-\$60 per session
For the uninsured or underinsured

Art Academy Student Resources

[HealthiestYou](#) Free mental healthcare services for
students covered under AAC insurance. Available to all
other students for a fee. Choose a therapist and
schedule an appointment by phone or video. 7 days a
week (7am-9pm). (Via HealthiestYou app or website).

[Office of Student Health & Wellness](#)

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Regular Hours: 10am-4:30pm *by appointment*

Drop-in Hours: Mon., Tues., Fri. 11:30am-12:30pm

Contact: wellness.specialist@artacademy.edu

Phone: 513-562- 6270

[Student Wellness Center](#)

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Provides wellness workshops & events, peer support,
free health & wellness tools and products.

Hours: Monday - Thursday: 10am-4pm